

SETON SERVICES
A DIVISION OF CATHOLIC CHARITIES
Explanation of Affidavit of Disclosure

If you are a birth mother or birth father named on the original birth certificate of a child placed for adoption, you may want to file an Affidavit of Disclosure. The affidavit is to be filed with the Minnesota State Health Department (the affidavit may be obtained through the agency that placed your child for adoption), and may be the easiest and least expensive way to have contact with your birth child. If an Affidavit of Disclosure is filed, the Minnesota State Health Department would then be able to release the original birth certificate to the adopted adult, along with the birth parent's name and address given on the affidavit. The placing agency would not be making the contact with the birth parent, unless requested by the adopted adult. It is most likely that the birth parent would be contacted directly by the adoptee who would have to be 19 years of age or older in order to request his/her original birth certificate. If you have any questions about the above information, wish to pursue contact through Catholic Charities, or would like post adoption counseling, contact Catholic Charities – Seton Services at 651-641-1180 or padoption@ccspm.org.